**PSY 327 – Abnormal Psychology**  
**Module 1 Outline**

I. What Do We Mean by Abnormality?  
   A. The Elements of Abnormality  
   B. The DSM-5 Definition of Mental Disorder  
   C. Why Do We Need to Classify Mental Disorders?  
   D. What Are the Disadvantages of Classification—overall have to do with negative consequences for the individual  
   E. How Can We Reduce Prejudicial Attitudes Toward the Mentally Ill  
   F. Culture-Specific Disorders

II. How Common Are Mental Disorders?  
   A. Prevalence and Incidence  
   B. Prevalence Estimates for Mental Disorders  
   C. Treatment  
   D. The Mental Health “Team” (The World around Us 1.2)

III. Research Approaches in Abnormal Psychology

IV. Sources of Information  
   A. Case Studies  
   B. Self Report Data  
   C. Observational Approaches

V. Forming and Testing Hypotheses  
   A. Sampling and Generalization  
   B. Internal and External Validity  
   C. Criterion and Comparison Groups

VI. Research Designs  
   A. Studying the World as It Is: Observational Research Designs  
   B. Measuring correlation  
   C. Statistical Significance  
   D. Effect Size  
   E. Meta-Analysis  
   F. Manipulating Variables: The Experimental Method in Abnormal Psychology  
   G. Studying the Efficacy of Therapy  
   H. Single-Case Experimental Designs  
   I. Animal Research

IX. Historical Views of Abnormal Behavior  
   A. Demonology, Gods, and Magic  
   B. Hippocrates’ Early Medical Concepts  
   C. Early Philosophical Conceptions of Consciousness  
   D. Later Greek and Roman Thought  
   E. Early Views of Mental Disorder in China  
   F. Views of Abnormality during the Middle Ages  
   G. Toward Humanitarian Approaches (late Middle Ages and early Renaissance)  
   I. The Resurgence of Scientific Questioning in Europe  
   J. The Establishment of Early Asylums  
   K. Humanitarian Reform (late 18th century)  
   L. Nineteenth-Century Views of the Causes and Treatment of Mental Disorders
E. Changing Attitudes toward Mental Health in the Early 20th Century
F. Mental Hospital Care in the Twenty-First Century

XI. Emergence of Contemporary Views of Abnormal Behavior
    A. Biological Discoveries: Establishing the Link between the Brain and Mental Disorder
    B. The Development of a Classification System
    C. Development of the Psychological Basis of Mental Disorder
    D. The Evolution of the Psychological Research Tradition: Experimental Psychology